

MINUTES FOR THE MEETING OF THE NEVADA STATE BOARD OF ATHLETIC TRAINERS SUBCOMMITTEE ON PHARMACEUTICALS

DATE: March 13, 2013

LOCATIONS:

University of Nevada Reno
1664 N. Virginia Street
Mathewson/IGT Knowledge Center
Room #111
Reno, Nevada 89557

University of Nevada Cooperative Extension
8050 Paradise Road
Room E
Las Vegas, Nevada 89123

1. Meeting called to order by Stacey Whittaker at 8:10 a.m.
Subcommittee Members Present: Shelly Germann, Tedd Girouard, Steve McCauley, Tiffney Touton, Kyle Wilson, and Rob Conatser (alternate member).
Staff Present: Stacey Whittaker, NSBAT Executive Secretary
2. **Public Comments.** No members of the public present in Reno or Las Vegas.
3. **Review and discuss proposed regulation language regarding Licensed Athletic Trainers and pharmaceuticals. (For possible action)** The Subcommittee was given some preliminary regulation language written by Jim Porter, NSBAT Chairman. Steve McCauley feels that this information is good and the Subcommittee needs to decide whether to use it as a framework or not. Steve's concern is with the term "physically active" and that it is not a current term used in our NRS. Steve also feels that Item H is not relevant to the topic of pharmaceuticals but does like the definitions.
Tedd Girouard asks for some background as to why this Subcommittee was established. Stacey informs him that the Nevada State Board of Athletic Trainers received a complaint against a Licensed Athletic Trainer in 2012 regarding the use of over the counter medications in an Athletic Training setting. The Board felt after talking to the Pharmacy Board, it needed to be addressed further in the event that language needs to be added to the current NRS. Steve explains further that the Subcommittee has been tasked with working on potential regulation language specific to this issue that will be presented to the NSBAT. It could then go through a workshop, hearing and possible adoption through the Legislative Counsel Bureau.
Tedd feels that Athletic Trainers are currently meeting the requirements of the statutes and doesn't understand why this is necessary. The Pharmacy Board made it clear that they do not regulate over the counter medications so Tedd is more of a proponent of looking into language for prescription medications. Steve agrees and feels that the current language already has the mechanism to govern the AT profession. If Athletic Trainers are working under the direction of their Physician and what they were trained to do, Steve feels that this could be cumbersome.
Kyle Wilson feels that the bigger issue is prescription medications during life and death situations. There was a situation where a University was fined because they didn't administer medications for a student athlete that had an asthma attack. He would like to see language written for emergency situations like this. Tiffney Touton would like to see guidelines written for such medications as epipens and inhalers along with an emergency action plan.

Shelly Germann states that she attended the meetings with the NSBAT and the Pharmacy Board and agrees that the focus may need to be more on prescription medications. The Pharmacy Board does not regulate OTC's and she feels that AT's are trained to use over the counter meds by their team Physician. Tedd feels that with all OTC medications, there should be written protocol from the Physician and or Medical Director on usage. Kyle agrees and recommends following the NATA consensus statement and the NCAA guidelines.

Rob Conatser arrives at 8:28 and expresses his concern with pharmaceuticals in three different Athletic Training settings; High Schools, Collegiate, and the Professional & Performing Arts. Steve feels that if we start detailing protocols, we will inevitably find a setting in which it doesn't apply; the Athletic Training profession is very broad. He also feels that there should be guidelines and protocols in place specifically related to over the counter and prescription medications. The purpose of the Nevada State Board of Athletic Trainers is to protect the public and Steve feels that we should not be directing the profession.

Tedd agrees, and that we need to have guidelines and protocols that are not necessarily limited to pharmaceuticals. He feels that if Athletic Trainers are practicing within their protocol and under the direction of their Medical Director, then they are not causing harm.

4. **Future agenda items. (For possible action)**

- A. **Review and approve minutes of meeting 3/13/13.**
- B. **Review and discuss the election of a President for the Subcommittee on Pharmaceuticals.**
- C. **Review and discuss proposed regulation language regarding Licensed Athletic Trainers and pharmaceuticals.**
- D. **Review and discuss protocols for guidelines for prescription medications in an Athletic Training setting.**
- E. **Review and discuss forming a list of individuals in the community that the Subcommittee will talk to regarding the use of pharmaceuticals in different settings.**

5. **Discussion, possible decision on date of next Subcommittee meeting. (For possible action)**

The next Subcommittee meeting is scheduled for Wednesday, April 03, 2013 at 8:00 a.m.

6. **Public Comments.** There are no public comments at this time.

7. **Meeting adjournment. (For possible action)** Steve McCauley motions to adjourn the meeting of the NSBAT Subcommittee on Pharmaceuticals at 8:53 a.m., Kyle Wilson seconds the motion.

Approved 5-0.