

**MINUTES OF THE MEETING FOR THE  
NEVADA STATE BOARD OF ATHLETIC TRAINERS (NSBAT)  
SUBCOMMITTEE ON DRY NEEDLING**

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**DATE & TIME:**                    **March 16, 2023**

**Zoom Access:**

**Meeting ID: 897 506 8640**

**Passcode: 640B**

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1. **Meeting called to order by Kyle Moore, Subcommittee Chair, at 1:02 PM.**

**Subcommittee Members Present:** Kyle Moore, Board Member; Keoni Kins, Public Member; Steve McCauley, Public Member.

**Staff Present:** Michelle Cothrun, Executive Secretary.

2. **Public comment.** No members of the public present. Michelle Cothrun confirms that the Board office has not received any public comment via email or other means. No public comment.

3. **Review and discuss documentation of education and training submitted by licensed Athletic Trainers to determine which licensees can be recommended for Board approval to perform dry needling and which require additional documentation for Subcommittee review and investigation before a recommendation for Board approval can be made. (For Possible Action)** Kyle Moore voices his thoughts first with applicant #120 Bozart-Dow and then opens the discussion with Steve McCauley and Keoni Kins. Kyle is at a point where he would recommend to pass, because the Dry Needling Regulations do not address upper extremity or lower extremity courses, full body or introductory coursework. The course instructor explains why the course went from 23 to 25 hours to meet the requirements of the State. He is not sure he agrees with the process but there is an explanation from the course instructor.

Keoni states that the course instructor has not confirmed that there were 25 hours of in person contact time. 25 hours does not mean 25 contact hours, as many of those courses have pre course, online work to complete before the class. The course instructor may have petitioned the PT Board to say that the course is now worth 25 CEUs, but 25 CEUs is not 25 in person contact hours. Kyle agrees and reads what the instructor wrote in their letter: "I did not include the hours of pre coursework in the initial application. The Board included the pre course hours to reflect 25 hours." Kyle points out that if you look at the new certificate, it does say approved for CE credit by the Nevada Physical Therapy Association for 25 clinical contact hours in Dry Needling. Keoni agrees that those units were accepted by the PT Board as CEUs, which is what that certificate is saying.

Steve's main concern is setting precedent. Keoni does not want to set a precedent either. There needs to be clear documentation of 25 in person contact hours. Kyle agrees with all these points; however, there was a certificate produced that has 25 clinical contact hours on it. He understands the backstory of that certificate. Kyle asks Steve and Keoni if they agree that Michelle should reach out to this instructor to get some clarification.

Kyle reviews the regulation literature to be sure everyone is on the same page. He reads that a minimum of 25 hours must be in a postgraduate Dry Needling course approved by one of the above entities. The last sentence states

that for compliance, training must include in person practical training, and assessments. It does not state 25 hours of in person. Keoni thought the regulation specifically requires 25 hours in person. Kyle read from the application. He asks Michelle to look up the regulation. Michelle Cothrun reads from the Dry Needling statutes and regulation document posted on the Board website. It says: "Include at least 25 hours of didactic instruction and training provided through a postgraduate course of study that requires the successful completion of a written examination and a practical examination. Each part of the course, including, without limitation, each examination, must be completed in person."

Steve admits that might be different than what is on this application. The wording of the last sentence is concerning. To Kyle's point, it could be argued that it does not specifically say how many hours. Michelle recalls, when going over the regulation, that the practical experience and the examination needed to be completed in person. Even still, Steve points out that the letter says that two hours were not in person. Kyle instructs Michelle to reach out to this instructor and explain the Regulations that the Athletic Training Board of State of Nevada has of 25 hours in person contact hours needed. Can you confirm yes or no that your course provided 25 hours of in person education? Keoni states that if they confirm no, then the person still needs to produce two more documented in person hours. In terms of upper extremity and lower extremity, he agrees with the previous conversation. All licensed Athletic Trainers are expected not to do what they are not trained in. It is not the responsibility of the Subcommittee or the Board to regulate upper extremity or lower extremity. The LAT will do what they are trained to do.

Kyle ends the discussion of applicant #120 Bozart-Dow by asking Michelle to reach to the course instructor as soon as possible to give this applicant the best chance to be able to dry needle by the next Board meeting on March 22<sup>nd</sup>. Kyle moves on to the rest of the applicants.

Kyle goes down the list of applications that need to be reviewed. The Subcommittee finds that the following are recommended to pass: #121 Yamamoto, #122 Lopes, #123 Mertz, #124 Tobar, #125 Akana, #127 Pacheco, #128 Benzinger, #129 Rice, #130 Key, #134 Comeau, and #136 Reel.

The applications that require discussion are considered. #126 Castillo listed classes conducted at the Veterinary lab. The applicant provided an explanation that the systemic courses were Cellular Physiology courses conducted at the veterinary lab and were commonly recommended to all exercise physiology students. The Subcommittee accepts the explanation noting that not all Anatomy and Physiology classes have the benefit of a human cadaver dissection or prosection. For applicant #131 Flores Flores, Steve McCauley recuses himself. Kyle has a question regarding the number of hours counted for the graduate internship. Keoni questions why this application has thirty-seven (37) contact hours for their Dry Needling course. They should have twenty-seven (27) in-person hours with ten (10) online hours. However, their certificate does list all thirty-seven (37) as contact hours. Keoni would still like the applicants to do a better job at separating out the online hours from the in-person hours. Kyle and Keoni agree that #131 Flores Flores has enough hours and can be recommended to pass. Applicant #132 Ruiz Rios has listed their Dry Needling course twice. There is a question if they are two separate classes or the same one listed twice. Still, they meet the required hours and are recommended to pass. Applicants #133 Klein and #135 Christian had two (2) transcripts and the second ones were missed. After confirming that their classes are correctly documented, they are both recommended to pass. Keoni has not had a chance to review applicant #137 Flores. He takes a few minutes to review their application and agrees that they are recommended to pass. After discussion, the remaining applicants listed are recommended to pass: #126 Castillo, #131 Flores Flores, #132 Ruiz Rios, #133 Klein, #135 Christian, and #137 Flores.

Kyle Moore summarizes the Subcommittee reviews. There is a condition on applicant #120 Bozart-Dow. Michelle Cothrun will reach out to the instructor and ask if their course provided 25 hours of in person contact. If that answer is yes, the recommendation will be to pass. If no, then it will go under further discussion. All applicants #121 through #137 have been recommended to pass. There is no further discussion.

4. **Future agenda items. (Discussion)** Kyle Moore states that he does not have any future agenda items. Michelle Cothrun asks the Subcommittee members how they would like to know that the meeting minutes are ready for review. She is trying to avoid having the Subcommittee members review a bunch of documentation right before a meeting. After a discussion, Kyle Moore asks Michelle to email everyone as they are completed. Then the Subcommittee can review those on their own in preparation for the next meeting. The approval of the meeting minutes will be on the agenda at the next Subcommittee meeting. There is no further discussion.

5. **Discussion and possible decision on date of next meeting. (For Possible Action)** Kyle Moore states that the date of the next meeting depends on when new applications are received. If there is an answer from the conditional application, that can be discussed at the next Board meeting. It is on record from this meeting that the application will be recommended to pass if the course conductor replies yes to the question about 25 in-person hours. There is no further discussion.

6. **Public comment.** No members of the public joined during the meeting. There is no public comment.

7. **Adjournment. (For Possible Action)** Kyle Moore motions to adjourn the meeting at **1:47 PM**. Steve McCauley seconds the motion, and it passes.

***\*\* MEETING MINUTES ARE SUBJECT TO APPROVAL  
AT THE NEXT SCHEDULED SUBCOMMITTEE MEETING \*\****